

PARISH OFFICE

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Upper Mt Gravatt 4122
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Ph: 3849 7158

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www.umgwcatholic.org.au

Parish Priest

Fr Rony Kalapurackal Chacko
E: chackor@bne.catholic.net.au

Pastoral Associate

Pauline Thomas
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Parish Manager & Local Safeguarding Rep.

Debbie James
E: umg@bne.catholic.net.au

Administrative Assistants

Rani Ponomarenko/Lorraine Neagle
E: sec.umg@bne.catholic.net.au

Emergencies & after hours:

Ph: 3849 7158

St Vincent de Paul

Welfare: 1800 846 643

MASS TIMES

Monday	9.15am St Catherine's
Tuesday	9.15am St Bernard's
Wednesday	7.00am St Catherine's
Thursday	7.00am St Bernard's
Friday	8.00am St Bernard's 9.30am St Martin's
Saturday	5.00pm St Bernard's 6.15pm St Catherine's
Sunday	6.30am St Bernard's 7.30am St Martin's 8.30am St Catherine's 9.30am St Bernard's 5.00pm St Bernard's

RECONCILIATION

St Bernard's: Saturdays 4.00pm

St Catherine's: By appointment

BAPTISMS, WEDDINGS, FUNERALS

*by arrangement with the
Parish Office.*

Parish Office Hours

8.30am - 4.30pm

Monday - Friday

**Closed Weekends and
Public Holidays.**

After hours emergencies please call
3849 7158 and leave a short
message with your name & phone
number. Your call will be returned as
soon as possible.

Upper Mt Gravatt Wishart Catholic Parish



St Bernard's, Upper Mt Gravatt
St Martin's, Eight Mile Plains
St Catherine's, Wishart

*Guided by the Holy Spirit, we aim to be an evangelising, faith-filled parish
whose members care for one another and are welcoming and inclusive.*

*The Upper Mt Gravatt Wishart Catholic Parish acknowledges the Jagera and Turrbal
people, the traditional custodians on whose lands we live, work and worship.*

FIFTH SUNDAY IN ORDINARY TIME

7 / 8 February 2026

READINGS: Isaiah 58:7-10 1 Corinthians 2:1-5

GOSPEL: Matthew 5:13-16

In the Gospel, Jesus uses two simple yet powerful images to describe the vocation of his disciples: *salt* and *light*. With these metaphors, Jesus tells us who we are called to be in the world — not withdrawn from it, but deeply present within it.

Salt was precious in the ancient world. It preserved food, purified, healed, and gave flavour. To be the *salt of the earth* means that Christians are called to preserve what is good, to resist moral and spiritual corruption, and to bring the flavour of faith, hope, and joy into a world that is often weary and discouraged. Through Baptism, our lives have been “seasoned” with Christ’s new life. When we live our faith with integrity, compassion, and quiet courage, we help make the world more humane, more just, and more bearable for others.

Jesus also calls us the *light of the world*. Light is not meant to be hidden. It reveals, guides, warns, and heals. Christ himself is the true Light, and we are called to reflect his light through our words and actions. Our everyday lives — how we speak, how we treat others, how we conduct ourselves at work, at home, and in public — become places where God’s light can shine. When our faith is lived authentically, it points others toward God and gives them courage to walk in hope.

Jesus’ challenge is clear: if salt loses its flavour, or if light is hidden, it fails its purpose. We are not called to blend in quietly or to be comfortable Christians, but to be faithful ones. May we renew our commitment to live as salt that preserves and light that shines, so that through our lives, others may come to know and praise God.

While walking along the beach, an older man noticed a young boy picking up starfish and throwing them back into the ocean. Curious, he asked, “Mate, what are you doing?” The boy replied, “I’m saving the starfish.”

The man shook his head and said, “But the beach goes on for miles, and there are thousands of them. You can’t possibly make a difference.”

The boy picked up another starfish, tossed it gently into the water, and said, “Well... it made a difference to that one.”

This simple story reminds us that none of us can fix everything, but each of us can do something. A small act of kindness, a quiet word of encouragement, a moment of patience — these are the ways we let the light of Christ shine in our homes, our parish, and our community. We may feel small, but in God’s hands, even the smallest act can make a real difference.

Congratulations to Fr Prince on his appointment by the Archbishop as Associate Pastor of Jubilee Parish.

Fr Prince will take charge on 14 February. It’s a wonderful community made up of six churches, three primary schools, and several other ministries — a great place to begin your mission in Australia. We wish you every blessing as you start this new chapter of your priestly ministry. May God guide and strengthen you in all you do.

Fr Rony

WE PRAY FOR THOSE WHO HAVE DIED

Especially Fr Peter Casey, Brian Dudson, Paddy Hassett (son of Declan), John Hickey, Katharine Ingham, Mario Cardenas, Ann Bailey, Diana Panochini who died recently. Also Don Boulus, Tom Begg, Darrel Petersen, Dominic Dinh Vuong Thach whom we remember.

UP COMING EVENTS IN THE PARISH

TUESDAY 10 FEBRUARY

CRAFT GROUP

10.00am to 2.00pm, St Bernard's Community Centre.

SCRIPTURE GROUP

6.30pm, St Bernard's Community Centre.

WEDNESDAY 11 FEBRUARY

AGED CARE MASS

9.00am, Terrigal Lodge.

THURSDAY 13 FEBRUARY

AGED CARE MASS

10.00am, Wishart Gardens.

SHROVE TUESDAY & ASH WEDNESDAY SERVICES

Shrove Tuesday 17 February - Ecumenical Service

6.30pm - St Bernard's Church

Ash Wednesday 18 February

7.00am Mass - St Catherine's Church

10.00am Mass - St Bernard's Church

6.30pm Mass - St Martin's Church

SACRAMENTAL PROGRAM 2026

Our Parish Sacramental Program for the year 2026 is now open. Families who wish for themselves or their children to receive any of the Sacraments (Baptism, Reconciliation, First Holy Communion, or Confirmation) are warmly invited to register.

For further information and enrolment details, please contact the Parish Office. We look forward to journeying with you in faith during the coming year.

ST CATHERINE'S SENIORS COACH TRIP

Wednesday 25 February

Departs St Catherine's Bus Stop 8am.



St Catherine's Seniors Coach Trip will visit Albert River Wines near Tamborine.

Morning Tea will be at the Winery on arrival, followed by a 1 ½ hour Farm Tour.

There is a wine tasting opportunity for those interested, a separate cost of \$10 per person applies if you join this opportunity.

Later we will all be enjoying lunch at the Winery and our usual Raffles before leaving for home.

Cost for the outing will be about \$65 per person, depending on numbers coming.

Lunch selections and bookings are with Ros on Ph. 3349 9218.



BAPTISMS

We congratulate

Cormac Hetherington, son of Daniel & Lisa.
He will be baptised in the Parish this weekend.

CHILDREN'S LITURGY OF THE WORD

ST CATHERINE'S

SUNDAY 15 FEBRUARY, 8.30am Mass

Children in Prep to Year 5 invited.

Lenten Guided Retreat 2026

Date & time: 6:00pm Friday 27 February 2026 to 1:00pm Sunday 1 March 2026

Location: Santa Teresa Spirituality Centre (267 Wellington Street, Ormiston)

Cost: \$250 per person live out individual / \$450 per person live in individual

Register: <http://tinyurl.com/LentRetreat26>
or ministries@bne.catholic.net.au
or phone 07 3324 3440



Unite Against Poverty with Caritas Australia's Project Compassion in 2026

This Lent, you are invited to help transform lives - bringing clean water, education, healthcare and opportunities to communities facing poverty and injustice. **Envelopes, and boxes will be available at each Church next weekend.** Your support will be greatly appreciated.

Parish Reconciliation Action Plan (RAP) Group

The RAP group has compiled an annual report for the Parish, detailing it's progress during 2025. The report is available digitally through the QR code or contact Louise - lobell1770@gmail.com



BOOK CLUB

All are welcome to join us this Lent as we discuss 'The Screwtape Letters' by C.S. Lewis on Wednesdays 18 February to 18 March, 10-11am and 6.30pm-7.30pm in the St Bernard's Community Centre. Please RSVP to Louise at

lobell1770@gmail.com or 0421 150 162.

ENTRANCE: *BRING FORTH THE KINGDOM*

You are salt for the earth, O people:
Salt for the Kingdom of God!
Share the flavour of life, O people:
Life in the Kingdom of God!

*Bring forth the Kingdom of mercy,
Bring forth the Kingdom of peace;
Bring forth the Kingdom of justice,
Bring forth the City of God!*

You are a light on the hill, O people:
Light for the City of God!
Shine so holy and bright, O people:
Shine for the Kingdom of God! **R.**

GLORIA

*Glory to God in the highest, and on earth peace to
people of good will.*

We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God heavenly king, O God, almighty father. **R.**

Lord Jesus Christ, Only begotten son,
Lord God, Lamb of God, Son of the father,
you take away the sins of the world,
have mercy on us;

you take away the sins of the world,
receive our prayer;

you are seated at the right hand of the Father,
have mercy on us. **R.**

For you alone are the holy one,
you alone are the Lord,
you alone are the Most High, Jesus Christ, with the
Holy Spirit, In the glory of God, the Father. **R.**

RESPONSORIAL PSALM: PSALM 111

A light rises in the darkness for the upright.

GOSPEL ACCLAMATION

Accl. Alleluia, Alleluia, Alleluia, Alleluia!

I am the light of the world, the light of the world,
says the Lord: whoever follows me will have the
light of life. **Accl.**

APOSTLE'S CREED

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary, suffered under Pontius
Pilate, was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven, and is seated at the right
hand of God the Father almighty; from there he will

come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

EUCCHARISTIC ACCLAMATION

When we eat this Bread and drink this Cup, we
proclaim Death, O Lord, until you come again.

**COMMUNION: *BREAD BROKEN, WINE
SHARED***

*Bread broken, wine shared; Jesus, here,
taking our lives, opening our hearts,
making us whole, setting our loving free.*

Take all our dreams, all that we are, all we could
ever be.

Lord of all life, we want to be Yours, we take bread
and eat. **Ch.**

Open our minds, open our hearts, let love set us
free within.

Lord of all life, we want to be Yours, we pour wine
and drink. **Ch.**

Make us alive, filled with Your hope, living what's
really true.

Lord of all life, we want to be Yours, we know this is
You. **Ch.**

SONG OF PRAISE: *HOSEA*

Come back to me with all your heart. Don't let fear
keep us apart. Trees do bend, though straight and
tall; so must we to others call.

*Long have I waited for your coming home to me
and living deeply our new life.*

The wilderness will lead you to your heart where I
will speak. Integrity and justice with tenderness you
shall know. **R.**

You shall sleep secure with peace; faithfulness will
be your joy. **R.**

RECESSIONAL: *SONG FOR HUMAN RIGHTS*

Sing a song for peace and justice,
speak for those who cannot speak!
Claim the world for peace and justice:
let the strong support the weak.

*Light a candle in the darkness;
hope and freedom must not die!
Hope and freedom must not die!*

You who live in happy places,
who can laugh and speak and sing,
listen for the other voices
mute with fear and suffering. **R.**

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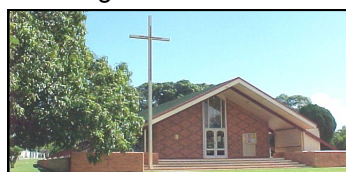
St Bernard's
4 Klumpp Rd,
Upper Mt Gravatt



St Catherine's
388 Newnham Rd, Wishart



St Martin's
Cnr Logan & Chester Rds,
Eight Mile Plains



Facebook:
Like us: <http://www.facebook.com/umgwparish>

SCHOOLS

St Bernard's School
Principal: Daniel Hodge
1823 Logan Rd,
Upper Mt Gravatt
Phone: 3849 4800

St Catherine's School
Principal: Paul Mitchell
388 Newnham Rd, Wishart
Phone: 3349 7188

Clairvaux MacKillop College
Principal: Wayne Chapman
24 Klumpp Rd,
Upper Mt Gravatt
Phone: 3347 9200

NEWSLETTER VIA EMAIL

Our Newsletter is available via email. Please contact the Parish Office if you or someone you know requires access to the newsletter.

ARE YOU NEW TO THE PARISH?

We warmly welcome you and your family. If you have recently moved into this area we invite you to join our Parish.

Please contact the Parish Office on 3849 7158 or umg@bne.catholic.net.au

PARISH COLUMBARIUMS

Are you considering a sacred and permanent resting place for a loved one?

A columbarium within a Catholic parish is a sacred and dignified place of rest, offering a consecrated home for the cremated remains of the faithful. It also keeps our loved ones close to the heart of the parish they belonged to, allowing family and friends to pray, remember, and feel connected through the Communion of Saints. A columbarium offers a peaceful and permanent resting place on holy ground, honouring the dignity of each person and keeping them close to the parish they loved.

Our Parish is blessed to have two beautiful columbaria: attached to St Bernard's and St Catherine's Churches. We wish to let our parishioners know that all niches at St Bernard's are now fully booked. However, niches are still available for purchase at St Catherine's. If you, or someone you know, is considering a sacred and peaceful resting place for a loved one, please contact the parish office for more information.

Be the first to see our New Early Year's Building!

Join us for a Principal Tour at St Bernard's

Friday 13th February 9am Wednesday 4th March 4pm

Enrol now!

Where greatness and kindness connect!

<https://www.stbernards.qld.edu.au>

Join a Principal Tour at St Catherine's!

Register Now for a February Principal Tour!

Thursday 12 February, 9:30am
Thursday 26 February, 9:30am

Come see our:

- Prep classrooms in action
- explore our fantastic facilities

Learn about our:

- Extra-curricular activities
- Instrumental program
- Technology Program!

Enrol online now for Prep 2027!

If your child is born 1 July 2021 - 30 June 2022 they are eligible for Prep in 2027
*Children must be 5 years old by 30 June in the year they start Prep.

Your child's learning journey begins here...
Join our St Catherine's family and thrive in a supportive and welcoming community.

www.stcatherinescps.qld.edu.au/enrolment

Enrol NOW!

THE CATHOLIC LEADER

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SIXTH SUNDAY IN ORDINARY TIME Year A 14 / 15 FEBRUARY 2026

READINGS

Sirach: 15:15-20
1 Corinthians 2:6-10

*He never commanded anyone to be godless.
God in his wisdom predestined our glory before the ages began.*

GOSPEL

Matthew 5:17-37

Such was said to your ancestors; but I am speaking to you.